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Challenging Behaviors Flyer

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Changing Challenging Behaviors

Parents! Do you struggle with your child's difficult behaviors?

Whether because of ADHD or other reasons, disruptive behavior can get in the way of family harmony, success in school, and even friendships. Learn the skills you need as a parent to help change these challenging behaviors in the company of other parents who understand! This group is for families with children aged 6-10 (childcare is not available).

413.545.0041 or <u>umass.edu/psc</u> to learn more

The Psychological Services Center can help you Reduce conflict, Increase positive interactions, and Promote family harmony.



Parenting Support

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