

Notes on Contributors

ARLENE VOSKI AVAKIAN is professor and director of women's studies at the University of Massachusetts Amherst. She is editor of *Through the Kitchen Window: Women Explore the Intimate Meanings of Food and Cooking* (1997), author of *Lion Woman's Legacy: An Armenian American Memoir* (1992), and co-editor of *African American Women and the Vote, 1837–1965* (1997). Avakian has also written numerous articles on a variety of topics centering on gender, race, class, and sexuality, some fiction, and a bit of poetry.

AMY BENTLEY is an associate professor in the Department of Nutrition, Food Studies, and Public Health at New York University. A cultural historian by training, Bentley is the author of *Eating for Victory: Food Rationing and the Politics of Domesticity* (1998), as well as several articles examining the cultural and historical landscapes of food. "Feeding Baby, Teaching Mother" is part of a larger history of baby food in the United States currently in progress.

CAROLE COUNIHAN is professor of anthropology at Millersville University in Pennsylvania. She is author of *Around the Tuscan Table: Food, Family, and Gender in Twentieth Century Florence* (2004) and *The Anthropology of Food and Body: Gender, Meaning, and Power* (1999). She is editor of *Food in the USA: A Reader* (2002) and co-editor with Penny Van Esterik of *Food and Culture: A Reader* (1997). Counihan is editor of the scholarly journal *Food and Foodways* and a member of the editorial board of *Slow: The Magazine of the International Slow Food Movement*. She is working on a book on women and food in the San Luis Valley of Colorado.

DARRA GOLDSTEIN is professor of Russian at Williams College and founding editor of *Gastronomica: The Journal of Food and Culture*. She is also the author of three cookbooks, *A Taste of Russia*, *The Georgian Feast* (winner of the 1994 IACP Julia Child Award for Cookbook of the Year),

NOTES ON CONTRIBUTORS

and *The Winter Vegetarian*. Goldstein serves as general editor of the book series California Studies in Food and Culture (University of California Press) and as food editor of *Russian Life* magazine.

BARBARA HABER is the former curator of books at Radcliffe's Schlesinger Library at Harvard University, where she developed collections in both women's studies and culinary history. A food historian, she is the author of *From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals*, a book that examines the relationship between women and food.

NANCY HARMON JENKINS is a writer and historian with a strong interest in both Mediterranean and North American food traditions. She is the author, most recently, of *The Essential Mediterranean* (2003).

ALICE JULIER teaches in the Sociology Department at Smith College. Her dissertation focused on potlucks, dinner parties, and other forms of domestic hospitality as enactments of inequality in everyday life, notably of race, gender, and class. She recently edited a volume of *Food and Foodways* dedicated to masculinities and food. Her new research is on evangelical Christian weight-loss programs and gender. Julier is the president of the Association for the Study of Food and Society.

LESLIE LAND writes the garden Q&A column for the *New York Times*. Her most recent book is *The New York Times 1000 Gardening Questions and Answers* (2003). In a previous life, she was a founding chef at Chez Panisse, wrote a syndicated food column, and published two cookbooks. Her writings on food, cooking, and agriculture have appeared in the *New York Times Magazine*, *Food and Wine*, *Yankee*, and *Money*, among many other publications.

LAURA LINDENFELD is an assistant professor in the Department of Communication and Journalism and a research associate at the Margaret Chase Smith Center for Public Policy at the University of Maine, where she teaches media criticism, film studies, and women's studies.

SHARMILA SEN is an assistant professor of English at Harvard University. She specializes in Anglophone literatures from Africa, the Caribbean, and South Asia.

LAURA SHAPIRO is an award-winning journalist and a food historian. She is the author of *Perfection Salad: Women and Cooking at the Turn of the*

NOTES ON CONTRIBUTORS

Century (1986; paper ed., 2001) and *Something from the Oven: Reinventing Dinner in 1950s America* (2004).

BEHEROZE F. SHROFF is a documentary film maker from Bombay who teaches in Asian American studies at University of California, Irvine. Shroff has made several films that range from issues of diaspora—*Sweet Jail: The Sikhs of Yuba City*—to issues of gender—*Reaching for Half the Sky*. Shroff's most recent work, *We're Indian and African: Voices of the Sidis* and *Voices of the Sidis: Ancestral Links*, focuses on the African presence in India, which goes back to the thirteenth century.

JAN WHITAKER is the author of a social history of American tea rooms, *Tea at the Blue Lantern Inn* (2002). She is presently at work on a social history of downtown department stores. Whitaker has published essays on “quick lunch” eateries of the early twentieth century, on old roadside tea rooms, and on tea-drinking customs in America and has presented conference papers on “spectacular” food and how chop houses were coded as masculine.

This page intentionally left blank

Index

Page numbers in italics refer to illustrations.

- Abrahams, R., 175
ADA (American Dietetic Association), 77, 78
Addams, Jane, 95, 104n17
Adlon, Percy, 243n20
advertising
 baby foods industry, 69, 76–80
 cake mixes, 35–36
 canned foods, 67, 76, 77–78
 continuous counter, 55, 56
 growth of, 45
 kitchen stoves, 41, 42, 43
 television, impact of, 36
African American cookbooks, 181–82n13
Agan, Tessie, 51, 53, 59n8
Alamosa (Colorado), 203
Alden, Mary, 31
The Alice B. Toklas Cookbook, 19
Alice Foote MacDougall's Cook Book, 124, 128–29, 130, 131
Allen, Gracie, 38
All Manners of Food (Mennell), 4
Amazon, gender construction in, 22
American Academy of Pediatrics, 63
American Canning Company, 77
American Cookery (magazine), 95–96
American Cookery (Simmons), 113, 114, 115, 116
American cuisine, 258
 Anglo-American cuisine, 27, 93–96
 Eastern Frontier, 113–15
 ethnic foods and, 171, 172–73, 175–76, 177–79
 food industry and, 171, 172–73, 177–79
American Dietetic Association (ADA), 77, 78
American Stove Company, 42, 43
The American Woman's Home (Beecher), 43, 49
Anglo-American cuisine, 27, 93–96
anthropology, study of food practices, 7–10
Antonia's Line (Gorris), 243n20
Antonito (Colorado), 201
 class relations, 208–9
 cultural diversity, 205
 economy, 202–3
 ethnic relations, 206–8
 gender relations, 209–12
 history, 202
 mixed cuisine, 203
Anzaldúa, Gloria, 200, 214n2
Apache Indian (bhangramuffin singer), 196, 199n27
Appetite for Change (Belasco), 4
Apple, Rima, 67
Armenian American identity
 food, overabundance of, 262–64
 gender relations, 261, 271–73
 1915 genocide and, 261, 262–63, 265, 280nn14–15
 invisibility, 266, 267, 280n14

- Armenian American identity (*continued*)
 women's bodies, deviation from
 American norm, 262
- Armenian American identity, Armenian
 cuisine
 embarrassment of, 270–71
 sense of ownership, 265–67
- Armenian American identity, cooking
 criticism of, 275–76
 evocation of memories, 268
 family bonds, 261, 264–65, 272,
 273–74
 obligation *vs.* recreation, 276–78
 private power, 273, 274–75, 276
 transmission of culture, 269–70
 women's subservience, 261, 271–
 73
- Armenian cuisine, 257–58
 Turkish influences, 266–67
- Armenian genocide (1915), 261, 262–
 63, 265, 280n15
 international recognition, 280n14
- “Arranged Marriage” (Apache Indian),
 196
- Association for the Study of Food and
 Society (ASFS), 1
- Aunt Jemima trademark, 179
- autobiographical cookbooks, 19, 181–
 82n13
 See also Cleora's Kitchens
- The Autobiography of a Business Woman*
 (MacDougall), 120, 124–26
- autoethnographic cookbooks, 19
- Avakian, Arlene Voski, vii, 2, 219
- baby foods industry
 advertising, 69, 76–80
 organic produce, 81
 See also Gerber Products Company
- Bailey, Pearl, 19
- Baksh-Soodeen, Rawwida, 186
- “The Balancing Act of *Fried Green*
 Tomatoes” (Church), 223
- Ballard, Ephraim, 110, 117
- Ballard, Martha
 cooking duties, 115–16
 diary of, 109–11, 118
 garden cultivation, 115, 116–17
 midwifery duties, 107, 110
 work responsibilities, 107, 112–13,
 115, 116–17
- “Barbecue Bess” (La Belle), 239
- Barber, Mary, 31
- Barndt, Deborah, 12
- Barnouw, Eric, 246
- Barton, Frances, 31
- Bates, Kathy, 229
- Beard, James, 38
- Beavers, Louise, 120, 121
- Beecher, Catharine, 43, 49
- Beech-Nut (food company), 81
- Belasco, Warren, 4
- Bel Geddes, Norman, 46, 53–54
- Bell, D., 180n2, 180n4
- Bell-Metereau, Rebecca, 230
- Bentley, Amy, 15, 27
- Beoku-Betts, Josephine A., 10
- Berezovskaia, Liubov, 147
- Bernadette (Antonito resident), 200–
 201, 202, 205
 cooking obligations, 203
 failed marriages, 209–11, 211–12
 identity through food, 204
 narrative voice, uncertainty of, 213
- Bernikovich, Zoya, 151
- Betty Crocker, 27, 30, 31
 creation, 32–33
 radio shows, 32–35
 television commercials, 38
 television shows, 36–37
 validation for housewives, 34, 36
- “The Betty Crocker Cooking School of
 the Air,” 32
- Betty Crocker's Picture Cook Book*, 34
- bhangramuffin music, 199n27
- Bhavni Bhavai* (Mehta), 247
- Binford, Mira Reym, 255n4
- biological foundationism, 258

- Blake, Mary, 29–30
- Blend, Benay, 19
- The Blue Grass Cookbook* (Fox), 123
- Bollywood cinema, 246–47, 255n1, 255n3
- Bombay film, 246–47, 255n1, 255n3
- bonding, 167
 - Armenian American culture, 261, 264–65, 272, 273–74
 - Eastern Frontier, 111–12
 - Jewish community, 10
 - Leningrad, siege of, 151–52
 - Mexican American culture, 203–6, 212
- A Book of Mediterranean Food* (David), 4–5
- Bordo, Susan, 21–22, 225, 243n14, 243n18
- Bosa (Italy), 8
- The Boston Cooking School, 95–96
- Boston Cooking School Cookbook*, 59n8
- Boston Globe*, 32
- Bower, Anne L., 18
- Boys on the Side* (Ross), 245n44
- Bradley, Alice, 93, 94, 99
- Braudel, Fernand, 2–3
- “Bread as World” (Counihan), 8
- bread-baking, 8
- breast-feeding
 - decline of, 62–63, 68, 69, 76
 - prevalence in pre-industrial West, 65
 - return to, 81, 85n29
 - See also infant feeding
- breast milk substitutes, 84n9
 - See also infant feeding, artificial; proprietary foods
- British Guiana, 185
- Brown, Helen Evans, 38
- Brown, Linda Spence, 100–101
- Burns, George, 38
- Butler, Cleora, 107, 120, 124
 - approach to food, 140–41
 - background, 132–33
 - Cleora’s Kitchens*, 120, 123, 141
 - Cleora’s Pastry Shop and Catering, 138–39
 - cooking career, 123–24, 136–38
 - millinery business, 138
 - training, 133–34, 135
- Butler, George R., 137, 139
- Butler, Judith, 259
- Cabeza de Baca, Fabiola, 18
- cafeterias, 90, 97, 102n4, 103n8
 - See also tea rooms; women restaurateurs
- cake-baking, 31–32
 - trauma associated with, 32, 35
- cake mixes, 35–36, 39
- Calloway, Cab, 137
- calypso, 193–94
- Canada, 280n14
- candy, gendered representation of, 15
- canned foods
 - advertising, 67, 76, 77–78
 - public suspicion of, 76, 78
- cannibalism, 151
- Cannon, Helen, 67–68
- Canon, Flora Rose Helen, 49
- The Care and Feeding of Children* (Rose), 72
- Caribbean
 - calypso, 193–94
 - Indian population, marginalization of, 186
- Carnation (food company), 29
- Center for Science in the Public Interest (CSPI), 82
- Chao, Buwei Yang, 20
- Chatterjee, Partha, 11
- Chicana, 214n3
- Chicana identity. See Mexican American identity
- Child, Julia, 38
- Child, Lydia, 114
- childcare advice manuals, 64
- Chimney Corner (restaurant), 101

- Chinese cuisine, accommodation to
 American market, 178
- Chiquita Banana, 31
- Christ, Marie, 72–73
- Church, Jennifer Ross, 223, 230, 237, 245n44
- Clapp's baby food, 80
- class
 commercial food industry and, 174
 food preparation according to, 9–10
 geographic separation by, 177
- class relations
 San Luis Valley, 208–9
- Cleora's Kitchens* (Butler), 120, 123, 141
- Cleora's Pastry Shop and Catering, 138–39
- Climax Estate gas stove, 41
- Coffee and Waffles* (MacDougall), 122, 130
- Colbert, Claudette, 120
- Collier, Patricia, 29
- Collins, P. H., 170
- colonialism, 10–14, 18, 249–50, 251
- Colonial Revival movement, 98
- “Coming Trends in Stove Design” (Mankki), 53
- commercial food industry. *See* food industry, commercial
- Condit, Elizabeth, 71
- Conejos (Colorado), 202
- Congoleum Rugs, 58
- consumer engineering, 45
- Consuming Geographies* (Bell and Valentine), 180n2
- Continental Cuisine, 181n9
- continuous counter, 44–45, 46, 52–53, 57, 58
 advertising of, 55, 56
- Cook, Ann Turner, 75
- cookbooks, 19
 African American cooks, belittlement of, 122–23
 historical relevance, 109
 as literature, 17–18, 19–20
See also specific cookbooks
- cookbooks, African American, 181–82n13
- cookbooks, autobiographical, 19, 181–82n13
See also Cleora's Kitchens
- cookbooks, autoethnographic, 19
- cookbooks, Mexican, 181–82n13
- cooking
 criticism of, 210–11, 275–76
 cultural identity and, 10, 269–70
 evocation of memories, 268
 family bonds, 261, 264–65, 272, 273–74
 Mexican American identity, 203, 204
 obligation *vs.* recreation, 276–78
 power of, 9, 201, 273, 274–75, 276
 women's subservience, 261, 271–73
- cooking, home, 105n28
 Anglo-American ideal, 91, 92–93
- “Cooking for Profit” (correspondence course), 99
- Cooking in Old Creole Days* (Eustis), 123
- “Cool Down Yonder” (Williams), 234, 237
- coolies, 185–86, 196–97n6, 198n17
- Coontz, Stephanie, 167, 170, 180n5
- corn cultivation, 114
- The Cortile (restaurant), 129, 132
- Cotter, Colleen, 17
- Counihan, Carole M., 7–8, 8–9, 22, 161, 162, 201
- The Counting House* (Dabydeen), 161–62, 186–96
 curry, symbolism of, 192–93, 194
 cutlery, symbolism of, 189
 English biscuit tin, symbolism of, 187–89
 Hindustani words, 194–95, 195–96
 Indian-African rivalry, 186–87, 189–91, 192, 194
 Indian cuisine, depiction of, 189, 192–93

- kumari seeds, symbolism of, 191
 prologue, 187
 Cracker Barrel (fast-food chain), 174
 Crawford, Joan, 121
 cross-marketing, 55, 56
 Crump, Mary Aletta, 98
 CSPI (Center for Science in the Public Interest), 82
 culinary memoirs, 19
 cultural identity
 cooking and, 10, 269–70
 eating habits, 201
 Cumming, Adelaide Hawley, 33, 36
 curry, 10–11
 Dabydeen, David, 161–62
 See also The Counting House
 Dahl, Joseph, 100, 101, 102, 102n2
 Darden, Carole, 19
 Darden, Norma Jean, 19
 Das, Mahadai, 185
 David, Elizabeth, 4–5
 Davis, Netta, 178
Designing for People (Dreyfuss), 57
 Deutsch, Sarah, 215n9
 DeVault, Marjorie, 9–10, 167, 169, 230
 “Dialectic of Public and Private” (Mazumdar), 254
 diaspora, defined, 259–60
 “dictatorship of the ovaries,” 244n26
 Dill, B. T., 170
 dishwashing, ergonomics of, 51
 Dole (food company), 29
 Donovan, Frances, 89–90, 93
 Dorfman, Cindy, 14–15
 Dotton, Mary, 91
 double consciousness, 260
 Douglas, Mary, 3, 167
 Downey, Clara Mae, 91
 Dreyfuss, Henry, 54, 57, 59–60n11
 Drucker, Peter, 181n8
 dry-nursing, 65
 Du Bois, W. E. B., 260
duranda (seed cake), 150
 Dusselier, Jane, 15
 Dutch Pantry Pie recipe, 29–30
 Eager, Elizabeth, 101
 Eastern Frontier, 109
 American cuisine, 113–15
 economic activities, 112–13
 leavening techniques, 116
 men’s work, 112
 Thanksgiving Day, 114–15
 women’s work, 112–13, 115, 116–17
 East Indian, defined, 196n4
 eating out, families and women, 89–90, 101
 eating problems/disorders, 20–22
 “Eating the Other” (hooks), 222
 effective dominant culture, 224, 241
 Ehrenreich, Barbara, 244n26
 Ehrlich, Elizabeth, 19
 electric stoves, 59n8
 Elliot, Lucy, 135
 Elliot, Win, 33, 34
 Ellis, Rhian, 180n4
 emergent culture, 224
Enchanting the Disenchanted World (Ritzer), 163
 Endrijonas, Erica, 15–16
 England
 fabricated Indian cuisine, 10–12
 food education, 144
 Indian immigrant community, 11–12
 English, Deirdre, 244n26
English Bread and Yeast Cookery (David), 5
The English hous-wife (Markham), 191
 ethnic, defined, 260
 ethnic food, 177–78
 accommodation to American market, 178
 American cuisine and, 171, 172–73, 175–76, 177–79
 commercial food production and, 177–79

- ethnic identity, 259–60
See also specific identities
- ethnic relations
The Counting House, 186–87, 189–91, 192, 194
Fried Green Tomatoes, 238–40, 244n31
 San Luis Valley (Colorado), 206–8
 Tulsa (Oklahoma), 123, 132–33, 138
- ethnic restaurants, 91–92
- Eustis, Celestine, 123
- Ewing, Helen, 95, 101–2, 104n17
- family, 166–67, 180n5
 representations of, 170–71
- family meal
 conflict and, 180n4
 emotional bonding of, 167, 203–6, 212
 food industry's impact on, 168–70
 gender relations and, 15
 outside sources of, 169, 170, 180–81n6
- Fantasia, Rick, 173, 175, 181n9
- Farmer, Fannie, 6
- fast food
 consumers of, 181n8
See also food industry, commercial
- Fay-Smith, Laura, 47
- FCC (Federal Communications Commission), 82
- Fed Up* (Manton), 163
- feeding, as work, 9
- Feeding the Family* (DeVault), 230
- feminism, kitchen design and, 47
- feminist food studies
 colonialism and, 10–14, 18
 eating problems/disorders, 20–22
 evolution, vii–ix
 evolution of, 6–7
 identity and, 16–17
 popular culture and, 14–16
 sociocultural analysis, 7–10
See also food studies
- Fergusson, Edna, 18
- Ferree, Myra Marx, 180n1, 182n14
- film, American
 female stereotyping, 121, 224–25, 229
 women's relationship to food, 224–25, 243n14
See also Fried Green Tomatoes
- film, Indian, 246–47, 255n1, 255nn3–4
See also Spices
- Firenze (restaurant), 129
- Fisher, M. F. K., 4–5
- Fiske, John, 243n11
- Flagg, Fannie, 223, 236
- Flasbdance* (Lyne), 225
- Florence (Italy), 8
- A Folk Tale* (Mehta), 247
- food, gendered representation of, 15
 “Food, Power, and Female Identity in Contemporary Florence” (Counihan), 8
- Food and Foodways* (journal), 1
- Food for Peace program, 12
- food industry, commercial, 27–28
 advertising, 67, 76–80
 American cuisine, broadening of, 171, 172–73, 177–79
 class and, 174
 family, impact on, 168–70
 inside *vs.* outside meanings, 171–72
 labor force, 170, 177
 live trademarks, 29–31 (*See also Betty Crocker*)
 overhaul of cooking, 30
See also McDonaldization
- Foods and Homemaking* (Greer), 68, 71
- food studies
 evolution, 1–2
 history and, 2–4
See also feminist food studies
- food writing
 as literature, 17–18, 19–20
 sensual response to food, 4–6
- Forecast* (magazine), 31

- For Her Own Good* (Ehrenreich and English), 244n26
- Fortune* (magazine), 33
- Fox, John, Jr., 123
- Fox, Minnie C., 123
- France, 181n9, 280n14
- French cuisine, 95
- Frankenberg, Ruth, 238
- Frankfurter Küche, 44
- Frederick, Christine, 45, 48, 49–50, 51, 60n13
- Frederick, T. George, 48
- Freidenberg, Olga, 156
- Fremont Canning Company, 73, 74, 75, 76
- See also Gerber Products Company
- French cuisine, 95
- Fried Green Tomatoes at the Whistle Stop Café* (Flagg), 223
- Fried Green Tomatoes* (Avnet), 219, 222–41
- African American culture and, 237–40, 244n31
- food as link between present and past, 226–27
- gender stereotypes, challenges to, 227–28, 232–33
- humor, depictions of, 229, 232, 242–43n6
- lesbian subtext, 228–29, 229–30, 234–35
- oscillation between subversion and regression, 222–23, 224, 231–32, 233–34, 240–41
- patriarchy, challenges to, 233, 235–36, 238–39
- political statements, 236–37
- popularity, 223–24, 243n12, 245n44
- power, challenges to traditional concepts of, 230–33
- sexual imagery, 228–29, 229–30, 234–35
- whiteness, position of, 238–40, 245n39
- Friedman, Harriet, 12
- From Pillar to Post* (Khan), 196n5
- frosted layer cake recipe, 31
- Gabaccia, Donna, 170, 173, 175–76, 178, 180n2
- gas stoves, 59n8
- Gastronomica* (journal), 1
- Gay, Lettie, 123
- Gay and Lesbian Alliance Against Defamation (GLAAD), 229–30
- gender construction
- food practices and, 8–10
- West vs. New Guinea and Amazon, 22
- gender relations
- Armenian American culture, 261, 271–73
- family meal and, 15
- Mexican American culture, 209–12
- General Electric
- cross-marketing, 56
- Electric Kitchen, 47
- stove manufacturing, 27, 42–43, 45, 58n2
- General Electric Kitchen Institute, 47
- General Foods (food company), 31
- General Mills (food company)
- cake mixes, 35, 36
- live trademark (See Betty Crocker)
- See also Washburn Crosby
- Gerber, Daniel, 73
- Gerber, Mrs. Daniel, 73, 74
- Gerber Baby, 75, 76, 80, 82–83
- Gerber Products Company (food company), 27, 73–74
- advertising, 76–80 (See also Gerber Baby)
- breast-feeding, role in decline of, 63
- direct marketing to women, 78–79
- market share struggles, 81–82
- naturalization of baby foods, 76–78
- reputation, challenges to, 81–83
- See also Fremont Canning Company

- Giedion, Sigfreid, 44
 Gilbreth, Frank Bunker, 48
 Gilbreth, Lillian, 45, 48, 49, 50–51
 Gilchrist, W. J., 72
 Gilman, Charlotte Perkins, 47
 Gingham Shop (tea room), 101
 Ginzburg, Lidia, 151, 155, 159n23
 GLAAD (Gay and Lesbian Alliance Against Defamation), 229–30
 Glenn, E. N., 170
 globalization, 12
 Goldman, Anne, 18–19, 181–82n13
 Goldstein, Darra, 107
Good Food in Wartime (Heath), 144
Good Housekeeping, 52, 94
 Goodman, W. Charisse, 225, 229
 Goody, Jack, 171, 188, 197–98n16
 Gorris, Marleen, 243n20
The Grand Domestic Revolution (Hayden), 47
 greasy spoons, 103n9
 Grechina, Olga, 149, 152, 155
 Green, Myron, 101
 Greer, Carlotta C., 68, 71
 Grillo, Trina, 240
 Grosvenor, Verta Mae, 172, 178, 181n11
 Guadalupe (Colorado), 202, 215n9
 Guatemala, 82–83
 Gullah community, 10

 Haber, Barbara, vii, 107
 Hale, Sarah Josepha, 65
 Hall, Stuart, 259
 Hollowell (District of Maine), 110, 111, 118n2
 Harris, Jessica, 10
 hash houses, 96
 Haus am Horn (Bauhaus model home), 44
 Hayden, Dolores, 47
 Heath, Ambrose, 144
 Heldke, Lisa, 11
 Herrick, Christine Terhune, 92

 Hess, B., 180n1
 Hispanic, 214n3
 Hispanic identity. *See* Mexican American identity
History of Industrial Design, 44
 Hoffman, Lois, 38
 Hogan, P. J., 243n20
 home cooking, 105n28
 Anglo-American ideal, 91, 92–93
 hooks, bell, 175, 222
 Hoosier company, 43–44
 Hotpoint company, 54–55
The House, Its Plan and Use (Agan), 51, 59n8
House and Garden (Peyser), 49
 household. *See* family
Household Engineering (Frederick), 50
Household Equipment (Peet and Thyne), 50
Household (magazine), 32
The Housewares Story (Lifshey), 55
 Howland, Marie Stevens, 47
How to Cook and Eat in Chinese (Chao), 20
How to Cook and Why (Condit and Long), 71
How to Cook a Wolf (Fisher), 5–6
How to Make an American Quilt (Moorhouse), 245n44
 Hughes, Langston, 121
 Hughes Electric oven, 42
 Huntley and Palmers (biscuit company), 188, 198n16
 Hurst, Fanny, 120–21
 Husted, Marjorie, 34

 identity
 feminist food studies and, 16–17
 See also specific identities
If I Can Cook/You Know God Can (Shange), 19
Imitation of Life (Hurst), 120–21
 Inber, Vera, 158n12, 159n20
In City Tents (Herrick), 92

- Indian cuisine, 10–11
 depiction in Dabydeen's *The Counting House*, 189, 192–93
- Indian film industry, 246–47, 255n1, 255nn3–4
See also Spices
- Indian population
 England, 11–12
- Indian pudding, 118–19n7
- Indo-Caribbean population
 indentured laborers (coolies), 185–86, 196–97n6, 198n17
 stereotyping, 193–94
- infant feeding
 shift from breast- to bottle-feeding, 62–63
See also breast-feeding
- infant feeding, nineteenth century, 65–70
 fruits and vegetables, 66
 medicalization of motherhood, 67–68
 proprietary foods, 68–70
 solid foods, introduction of, 65–66
- infant feeding, twentieth century, 70–73
 fruits and vegetables, 71, 75–76
 solid foods, introduction of, 72–73, 75–76
 vitamins, 70–71
- infant feeding, artificial, 84n8
 formula, growth of, 68
See also breast milk substitutes; proprietary foods
- Inness, Sherrie A., 14
- Institute of Cooking and Heating Appliance Manufacturers, 46
- Invader (calypso singer), 193
The Invisible Woman (Goodman), 225
- Jaramillo, Cleofas, 18
- Jenkins, Nancy, 107
- Jewish community, 10
- Journal of the American Dietetic Association*, 77
- Joy Luck Club* (Wang), 245n44
- The Joy of Cooking* (Rombauer), 31
- Julier, Alice, 161
- Kanafani-Zahar, Aida, 8
- Kannabiran, Vasantha, 254
- Kapur, Steve, 199n27
- Kelly, Traci Marie, 19
- Khan, Ismith, 196n5
- kbriapa* (cabbage dish), 151
- Kirschenblatt-Gimblett, Barbara, 10
- kitchen appliances, design appearance, 59n9
- kitchen design
 continuous counter, 44–45, 46, 52–53, 57, 58
 efficiency experts, 48–51
 feminism and, 47
 kitchen triangle, 49
 optimal work height, 49–50
 sinktop height, 51
 thematic unity, 45
- kitchen stoves
 advertising, 41, 42, 43
- Kochina, Elena, 149–50, 154
- Kopytoff, Igor, 163, 171
- Kraft Foods (food company), 30
- Krishnaswamy, S., 246
- Krizek, Robert L., 175
- La Belle, Patti, 239
- Ladies Home Journal*
 Gerber Products Company advertising, 77, 78, 79
- Lalitha, K., 254
- Lamming, George, 198n19
- Land, Leslie, 27
- Langmuir, Jane, 60n22
- Lapinski, T., 169
- The Last English Plantation* (Shinebourne), 198n24
- Latina Feminist Group, 214n6

- “Laughter, Loss, and Transformation
in *Fried Green Tomatoes*” (Zeck),
223
- “Laying It on the Kitchen Table” (Peyser), 49
- leavening techniques, 116
- Lebanon, 8
- Leningrad, siege of, 107–8, 143–60
 alienation from physical body, 155
 bonds forged between intelligentsia
 and peasantry, 151–52
 cannibalism, 151
 daily caloric estimates, 159n32
 daily obstacles, 147–49
 food rations, 145–47, 149, 150,
 158n17, 158nn9–11
 hospitality during, 155–56
 infants, 149–50, 159n24
 men, death of, 149, 159n21
 numbers dead from starvation,
 157n4
 physical hardships, 159nn19–20
 psychological hardships, 154–55
 sacrifices of women, 143–45, 157n5
 siege cuisine, 150–51, 152–54
 “sweet earth,” 152, 160n40
- Leonardi, Susan, 18
- Letters to a Business Girl* (Saunders),
102n3
- Levenstein, Harvey, 3–4
- Lévi-Strauss, Claude, 3
- Lewis, Clifford, 104n24
- Libby’s (food company), 29, 80
- Life Savers, 15
- Lifshey, Earl, 55
- Likhachev, Dmitri, 156, 157nn4–5
- “Limitations of Life” (Hughes), 121
- Lindenfield, Linda, 219
- Lindman, Ina, 31
- Little Coffee Shop, 128–29, 132
- live trademarks, 29–31
 See also Betty Crocker
- Loboda, Nikolai Antonovich, 158n17
- Long, Jessie A., 71
- Lorber, J., 180n1
- Lorde, Audre, 238
- Louis, Joe, 137
- “The Lunchroom in Business” (Sanborn), 103n13
- Lupton, Deborah, 16
- Lyman, Joseph B. and Laura E., 66
- MacDougall, Alice Foote, 107, 120,
130
 Alice Foote MacDougall’s Cook Book,
 124, 128–29, 130, 131
 anti-feminism, 124, 127–28
 approach to food, 96, 101, 105n29,
 140
 *The Autobiography of a Business
 Woman* (MacDougall), 120, 124–
 26
 business savvy, 130–31
 Coffee and Waffles, 122, 130
 coffee supply business, 126–28
 restaurant business, 128–32
 restaurants, atmosphere of, 97,
 104n19, 128, 129–31
 The Secret of Successful Restaurants,
 131, 141
 staffing choices, 99, 101
- MacDougall, Allan, 125–26
- MacDougall, Allan, Jr., 128, 132
- MacDougall, Donald, 128
- Maine, District of, 110
 See also Hallowell
- Mankki, Onnie, 53
- Manning, Allen, 132–33
- Manning, Flora, 78
- Manning, Lucy Ann, 132
- Manning, Maggie. *See* Thomas,
Maggie
- Manton, Catherine, 163
- The Manual of Home-Making* (Van
Rensselaer and Canon), 49
- maquilization, 12–13
- “Marajh daughter” (Invader), 193
- Markham, Gervase, 191

- Marshall Plan, 12
- Martin, Mary Hale, 29
- Mary Elizabeth's (restaurant), 96, 97
- masala* film, 246–47, 255n1, 255n3
- Masterson, Mary Stuart, 229
- maternal sacrifice, 144, 157n3
- Mauss, Marcel, 8, 201
- Mayflower Tea Room, 93
- Mazumdar, Ranjani, 254
- McClintock, Anne, 197n13
- McDonaldization, 12–13, 165–66
- benefits, 177
 - family meal and, 168–69
 - haute cuisine and, 175, 181n9
 - homogenizing effects, 173–74
 - See also food industry, commercial
- The McDonaldization of Society* (Ritzer), 165–66, 180n3
- McFeeley, Mary, 14
- The Measure of Man* (Dreyfuss), 60n11
- Mechanization Takes Command* (Giedion), 44
- Mechling, Jay, 64
- Mehta, Ketan, 247
- See also Spices
- memoirs, culinary, 19
- Mendeleva, Yulia, 159n24
- Mennell, Stephen, 4
- men's work, 13
- Mestizo cuisine, 14
- Mexican American cuisine, 205
- Mexican American identity, 200, 214n3
- cooking obligations, 203–4, 212
 - family bonds, 203–6, 212
 - gender relations, 209–12
- Mexican cookbooks, 181–82n13
- Mexican cuisine, 176, 211
- A Midwife's Tale* (Ulrich), 109
- Mildred Pierce* (Curtiz), 121
- Miller, Henry, 164
- Miller, Marion Mills, 67
- Mintz, Sidney, 3, 174, 176, 188
- Mirch Masala* (Mehta). See Spices
- Miriam's Kitchen* (Ehrlich), 19
- Mitchell, S. Weir, 123
- Mohammed, Patricia, 198n21
- Moorhouse, Jocelyn, 245n44
- Moroz, Valentina, 153
- Morrison, Toni, 237–38, 245n39
- motherhood, medicalization of, 67–68
- Mouffe, Chantel, 259
- Much Depends on Dinner* (Visser), 4
- Muriel's Wedding* (Hogan), 243n20
- Murphy, Patricia, 99–100
- Nakayama, Thomas K., 175
- Narayan, Uma, 10–12
- national cuisine, contradiction of, 176
- Never Done* (Strasser), 59n8
- The New Art* (General Electric), 58–59nn1–2
- The New Art of Buying* (General Electric Kitchen Institute), 47
- New Cinema (India), 247, 255n4
- New England Kitchen, 95
- New Guinea, gender construction in, 22
- New York City Women's Exchange, 94
- New York Times*, 49
- Nicholson, Linda, 258–59
- No Foreign Food* (Pillsbury), 165
- Okhapkina, Lidia, 150
- olifa* (boiled linseed or hempseed oil), 150
- “The One Best Way” (management theory), 48
- oppositional culture, 224
- Otherness, commodification of, 177–79, 222
- Out of Rosenheim* (Adlon), 243n20
- ovens, raised, 41–43, 42, 58–59nn1–2
- pap mixtures, 65
- Paradox of Plenty* (Levenstein), 4
- Parallel cinema (India), 247, 255n4
- Parish, James, 228
- Parker, Mary-Louise, 229
- Parr, Joy, 57

- Parsons, Frank Alvah, 46
 pastry-making, 53
 patent foods. *See* proprietary foods
 Pavlov, Dmitri V., 156, 157n6, 159n32
 Paz, Octavio, 94–95
 pearlsh, 116
Pearl's Kitchen (Bailey), 19
 Peet, Louise, 50, 60n19
 Perfection oven, 42
Perfection Salad (Shapiro), 6
 Peterson, Anna J., 93
 Peyser, Ethel R., 49, 53
 Pfeiffer, Michelle, 229
 The Piazzetta (restaurant), 129
 Pilcher, Jeffrey M., 13–14, 176
 Pillsbury, Ann, 29, 36
 Pillsbury, Richard, 165, 167, 168, 172, 175, 178
 on ethnic food, 177, 181n12
 Pillsbury's (food company)
 cake mixes, 35, 36
 live trademark, 29
 Piskarev Cemetery (St. Petersburg), 157n4
 polysemy, 243n11
 popular culture, 14–16
 Poundstone, Paula, 163
Pretty Woman (Marshall), 225
Principles of Scientific Management (Taylor), 46
 Probyn, Elsbeth, 16–17
 Prohibition, 89
 proprietary foods, 68–70
 See also breast milk substitutes; infant feeding, artificial
 Prosterman, Leslie, 178
 Puerto Rican cuisine, 209–10
Purity and Danger (Douglas), 3
 Purrinton, James, 116
- Quaker Oats (food company), 31
- race, geographic separation by, 177
 race relations. *See* ethnic relations
- Radhakrishnan, R., 259–60
 raised ovens, 41–43, 42, 58–59nn1–2
 Rajan, Rajeswari Sunder, 246
 Randall, Margaret, 212
 rationalization, Weber's theory of, 166
 "The Rationalized Kitchen" (Riccini), 44
The Raw and the Cooked (Lévi-Strauss), 3
Real and Imagined Women (Rajan), 246
 recipes, as literature, 17–18, 19–20
 Red Wheel thermostat, 43
 refrigerators, 54
 Reichl, Ruth, 19
 representations
 family, 170–71
 food and gender, 15
 perpetuation of assumptions, 161
 resistance. *See* women's resistance
 restaurant industry, 89–90
 ethnic restaurants, 91–92
 home-cooked meals gimmickry, 101–2
 sanitation, 92
 See also women restaurateurs
 restaurants, early twentieth century
 impropriety attached to dining in, 102n3
Revolution at the Table (Levenstein), 3–4
 Riccini, Raimonda, 44
 Richards, Ellen, 95
 Richards, Lenore, 97, 104n25
 Richards Treat (cafeteria), 97
 Ritzer, George, 163, 165–66, 173, 174, 180n3
 benefits of McDonaldization, 177
 distinctions in food consumption, 172
 family stereotyping, 170
 impact of McDonaldization on family, 168–69
 Rodman, Henrietta, 47
 Rohlehr, Gordon, 193
 Rombauer, Irma, 31

- Rose, Flora, 67–68, 69, 71, 72
 Ross, Herbert, 245n44
 Ruth (General Mills home economist),
 37
- Sägebrect, Marianne, 243n20
 Salisbury, Harrison, 149, 158n12
 Sanborn, Gertrude, 94, 103n13
 San Luis Valley (Colorado), 201–2
 ethnic diversity, 215n9
 Mexican American cuisine, 205
 See also Antonito
 Saunders, Florence Wenderoth, 102n3
 Schmeling, Max, 137
 Schrafft's (restaurant), 96–97, 98
 Scott, James C., 253
 Sears, Roebuck
 raised ovens, 58n1
 stove manufacturing, 41
 Sears Coldspot refrigerator, 54
The Secret of Successful Restaurants
 (MacDougall), 131, 141
 seed cakes, 150
Selling Mrs. Consumer (Frederick), 48,
 60n13
 Selvon, Samuel, 185
 Sen, Sharmila, 161–62
 Sevilla, 130, 131
 Shange, Ntozake, 19
 Shapiro, Laura, 6, 27
 Shattuck, Jane, 96
 Shattuck, William, 96
shchi (cabbage soup), 154
 Shinebourne, Janice, 198n24
 Shiva, Vandana, 13
 “Shopping for a Good Stove” (Parr),
 57
 Shroff, Beheroze F., 219
shroty (seed cake), 150
 siege cuisine, 150–51, 152–54
 Simmons, Amelia, 113, 114, 115
 Singh, Rajkumarai, 186, 195, 197n6
 Skriabina, Elena, 154
 Smart-Grosvenor, Vertamae, 19
 Smith, Christi, 174
 Smith, Dorothy Hope, 75
 Smith, Grace E., 94
 Sorokin, Pitirim A., 160n37
 soul food, 178–79, 181n11
 Southern European cuisine, 27–28
 Spanish American identity. *See* Mexican
 American identity
 Spelman, Elizabeth, 238
Spices (Mehta), 219, 247–54
 cinematic techniques, 249, 251–52
 class and, 252–53
 patriarchy, challenges to, 248–49,
 250–51, 252, 253–54
 sickle, symbolism of, 254–55
Spices (Mehta), chili pepper symbolism
 colonialism, 249–50, 251
 female sexuality, 247, 248–49, 251
 livelihood, 247, 249
 resistance, 247, 252, 254
 Spivey, Diane, 176
 spokeswomen. *See* live trademarks
Spoonbread and Strawberry Wine (Dar-
 den and Darden), 19
 Stalin, Joseph, 156
 Standard Gas, 27, 45
 Standard Plumbing Fixture company,
 52, 52, 51
 starvation, 143, 160n37
The Stove Builder (Institute of Cooking
 and Heating Appliance Manufac-
 turers), 46, 53
 stove design
 amputation of legs, 54
 early height variability, 41–43, 42, 58–
 59nn1–2
 industrial designers, 46, 53–54
 stove industry
 advertising, 41, 42, 43
 consolidation of, 27, 41
 standardization of oven height, 41,
 43, 46
 technological advances, 59n8
 Strasser, Susan, 59n8

- streamlining, 44–45, 46, 52–53, 57, 58
 sugar, Caribbean, 186
 Swans Down (food company), 35
Sweetness and Power (Mintz), 3
- table d'hôte restaurants, 91–92
 Taggart, Jim, 201, 208
 Tandy, Jessica, 229
 Taylor, Frederick W., 46
 Taylor, José Inez, 208
 tea rooms, 90, 94
 homelike atmosphere, 96–98, 97, 98
 menus, 95–96
 See also cafeterias; women
 restaurateurs
The Tea Room Training Course, 104n24
 Telangana People's Struggle, 254
Tender at the Bone (Reichl), 19
 Thanksgiving Day (Eastern Frontier),
 114–15
 “That Magic Time” (Kannabiran and
 Lalitha), 254
 Theophano, Janet, 20
 Thomas, Cleora. *See* Butler, Cleora
 Thomas, Joseph, 133, 134
 Thomas, Maggie, 123, 133, 134–35,
 136
 Thomas, Walter, 137
 Thompson, Becky, 20–21
Through the Kitchen Window (Avakian),
 2
 Thye, Lenore, 50, 60n19
 “Time for Betty Crocker,” 33
 Toklas, Alice B., 19
 Towne, Charles Hanson, 122
 Treat, Nola, 97
 Trillin, Calvin, 166
 Trinidad, 185
 Tulsa (Oklahoma), 136
 Turkey, 280n14
 Turner, Lana, 121
200 Years of Charleston Cooking (Gay),
 123
 Tyson, Cicely, 244n31
- Ulrich, Laurel Thatcher, 109, 117
Unbearable Weight (Bordo), 243n14,
 243n18
 United Fruit (food company), 31
 United Nations International Code of
 Marketing Breastmilk Substitutes,
 80, 82
 United Nations World Health Assem-
 bly, 87–88n85
 United States, 280n14
 geographic segregation by race and
 class, 177
- Valentine, G., 180n2, 180n4
 Valicha, Kishore, 255n3
 van Buren, Jane, 243n7
 Van Rensselaer, Martha, 49, 67–68, 72
 Vasudev, Aruna, 246
Vibration Cooking (Smart-Grosvenor),
 19
 Vishnevskaya, Galina, 159n21
 Visser, Margaret, 4
 vitamins, 70–71
- Waiting to Exhale* (Whitaker), 245n44
 wall ovens, 57–58
 Wang, Wayne, 245n44
 Warde, Alan, 172, 176
 Ware sisters, 100
 Washburn Crosby, 32
 See also General Mills
We Are What We Eat (Gabaccia), 180n2
 Weber, Max, 166
 Weeks, Harriet, 134
 Weismantel, M. J., 13
 Weissenhorf kitchens, 44
 West, C., 169
 wet-nurses, discouragement of, 67
 wet-nursing. *See* breast-feeding
 wheat cultivation, 114
When Harry Met Sally (Reiner), 225
 Whitaker, Forest, 245n44
 Whitaker, Jan, 27
 Whitehead, Tony, 171, 173–74

- “Whoopie Goldberg syndrome,” 238
- Wildman, Stephanie, 240
- Willard, Frances, 96
- Williams, Eric, 191, 198n18
- Williams, Marion, 234, 237
- Williams, Raymond, 224, 241
- Wilson, Anne, 197n7
- Wilson, Mary Tolford, 116
- Witt, Doris, 17, 178, 181n11
- Wolff, Janet, 35
- “The Woman: Myth and Reality in Indian Cinema” (Vasudev), 246
- womanhood, defined, 258–59
- Woman’s Home Companion*, 58, 101
- Woman’s Home Companion* (magazine), 43
- “The Woman Who Invented Scientific Housekeeping” (*New York Times*), 49
- women
- public vs. private power, 8–9
 - racial and sexual stereotypes, 121–22
- women restaurateurs
- Anglo-American cuisine, 93–96
 - backgrounds, 90–91, 101
 - Colonial Revival movement and, 98
 - homelike atmosphere of eateries, 96–98, 97, 98
 - influence, 89, 90, 102, 102n2
 - models of success, 99–101
 - staffing choices, 99, 104n25
 - standardized menus, adoption of, 100–101
 - See also* cafeterias; restaurant industry; tea rooms
- women’s exchanges, 94
- women’s resistance, 219
- See also* Armenian American identity; *Fried Green Tomatoes*; *Spices*
- women’s work, 13
- Eastern Frontier, 112–13, 115, 116–17
 - feeding, 9
 - Women Working the NAFTA Food Chain* (Barndt), 12
- work, men vs. women, 13
- Young Women’s Christian Association (YWCA), 93
- Zafar, Rafia, 19, 178, 179
- Zeck, Shari, 223, 232, 240, 242–43n6, 244n31
- zħmykb* (seed cake), 150
- Zimmerman, D., 169
- Zinn, Maxine Baca, 170