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Can Zhang

Guangdong Eco-Engineering Polytechnic

Keon Mook Seong

Kyungpook National University

Weilin Sun

Michigan State University

Omprakash Mittapalli

University of Kentucky

Baoli Qiu

South China Agricultural University

See next page for additional authors

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Authors

Can Zhang, Keon Mook Seong, Weilin Sun, Omprakash Mittapalli, Baoli Qiu, John M. Clark, and Barry R. Pittendrigh



The insulin signaling pathway in *Drosophila melanogaster*: A nexus revealing an “Achilles' heel” in DDT resistance

Can Zhang^{a,b}, Keon Mook Seong^{b,c}, Weilin Sun^b, Omprakash Mittapalli^d, Baoli Qiu^e, John M. Clark^f, Barry R. Pittendrigh^{b,*}

^a Department of Eco-Engineering, Guangdong Eco-Engineering Polytechnic, Guangzhou 510520, China

^b Department of Entomology, Michigan State University, East Lansing, MI 48824, USA

^c Department of Applied Biology, College of Ecology and Environment, Kyungpook National University, Sangju, Republic of Korea

^d Department of Entomology, University of Kentucky, Lexington, KY 40506, USA

^e Department of Entomology, South China Agricultural University, Guangzhou 510640, China

^f Department of Veterinary and Animal Sciences, University of Massachusetts-Amherst, Amherst, MA, USA

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ABSTRACT

Insecticide resistance is an ongoing challenge in agriculture and disease vector control. Here, we demonstrate a novel strategy to attenuate resistance. We used genomics tools to target fundamental energy-associated pathways and identified a potential “Achilles' heel” for resistance, a resistance-associated protein that, upon inhibition, results in a substantial loss in the resistance phenotype. Specifically, we compared the gene expression profiles and structural variations of the insulin/insulin-like growth factor signaling (IIS) pathway genes in DDT-susceptible (91-C) and -resistant (91-R) *Drosophila melanogaster* (*Drosophila*) strains. A total of eight and seven IIS transcripts were up- and down-regulated, respectively, in 91-R compared to 91-C. A total of 114 nonsynonymous mutations were observed between 91-C and 91-R, of which 51.8% were fixed. Among the differentially expressed transcripts, phosphoenolpyruvate carboxykinase (PEPCK), down-regulated in 91-R, encoded the greatest number of amino acid changes, prompting us to perform PEPCK inhibitor–pesticide exposure bioassays. The inhibitor of PEPCK, hydrazine sulfate, resulted in a 161- to 218-fold decrease in the DDT resistance phenotype (91-R) and more than a 4- to 5-fold increase in susceptibility in 91-C. A second target protein, Glycogen synthase kinase 3 β (GSK3 β -PO), had one amino acid difference between 91-C and 91-R, and the corresponding transcript was also down-regulated in 91-R. A GSK3 β -PO inhibitor, lithium chloride, likewise reduced the resistance but to a lesser extent than did hydrazine sulfate for PEPCK. We demonstrate the potential role of IIS genes in DDT resistance and the potential discovery of an “Achilles' heel” against pesticide resistance in this pathway.

1. Introduction

Piperonyl butoxide may represent the only commercial compound available to suppress metabolic insecticide resistance in insects, primarily through the inhibition of cytochrome P450 monooxygenases (P450s) (Cross et al., 2017). To our knowledge, very few reports have described approaches for identifying other resistance-inhibiting compounds (Hardstone et al., 2015). Pittendrigh et al. (2008, 2014) have proposed that “omics” tools could be used to identify potential “Achilles' heel” resistance traits (i.e., resistance-related proteins that, when inhibited, would result in the reduction or loss of the pesticide resistance phenotype). Pittendrigh et al. (2008, 2014) predicted that such an approach would involve determining pathways that both contribute to resistance and, if inhibited, may render the insect incapable of

maintaining the resistance phenotype (or, as a corollary, may make susceptible insects hypersusceptible to pesticides).

Drosophila melanogaster (hereafter referred to as *Drosophila*) has been used over the last half-century as a tool to explore the mechanisms leading to insecticide resistance and the consequences of pesticide exposure. The laboratory-selected DDT-resistant *Drosophila* strain 91-R was established over 60 years ago and has received intermittent but intense DDT selective pressure since then (Merrell and Underhill, 1956; Merrell, 1960, 1965). Its counterpart strain, 91-C, was derived from the same progenitor population as 91-R, but has not been selected with DDT in the laboratory. Using these *Drosophila* strains, Pedra et al. (2004, 2005) had shown genomic differences between DDT-resistant and -susceptible strains in energy-related pathways. For example, both the down-regulation of glycolytic enzyme transcripts and the up-regulation

* Corresponding author at: Center for Integrated Plant Systems, 578 Wilson Rd. Room 203, East Lansing, MI 48824, USA.

E-mail address: pittendr@msu.edu (B.R. Pittendrigh).

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of acyl-CoA dehydrogenase and isocitrate dehydrogenase transcripts in a DDT-resistant strain suggest that lipid metabolism and the Krebs cycle may increase DDT detoxification (Pedra et al., 2004). Subsequently, a proteomics approach validated that DDT resistance involved a number of energy-related pathways including glycolysis, gluconeogenesis, the pentose phosphate shunt, the Krebs cycle, and fatty acid oxidation (Pedra et al., 2005). Thus, this pair of fly strains represents a logical system for testing the Achilles' heel resistance trait concept.

As one of the key regulatory pathways in energy metabolism, the insulin/ insulin-like growth factor (IGF)-like signaling (IIS) pathway, associated with insulin resistance, is evolutionarily conserved across invertebrates and vertebrates, and inhibitors for some of the proteins in this pathway are commercially available. In *Drosophila*, the IIS pathway plays important roles in growth and development (Underwood et al., 1994; Edgar, 2006; Engelman et al., 2006) and is also related to lifespan regulation, metabolism of xenobiotics, and stress resistance (Hwangbo et al., 2004; Saltiel and Kahn, 2001; Slack et al., 2011; Tatar et al., 2003). To date, the energy-related adverse effects of DDT have been extensively studied in higher animals such as rodents (Kacew and Singhal, 1974; Yau and Mennear, 1977) and humans (Everett et al., 2007; Cox et al., 2007; Lee et al., 2017), but, to the authors' knowledge, not in DDT-resistant *Drosophila*. Nevertheless, DDT increased the activity of the pentose phosphate pathway in DDT-susceptible *Drosophila* by increasing the activity of two key regulatory enzymes, which increased the overall fitness of the flies (Bijlsma and Kerver, 1983).

In this study, we (i) performed genomic and transcriptomic analyses of the IIS pathway using the DDT-susceptible 91-C strain and the highly DDT-resistant 91-R strain, (ii) compared life-history parameters (lifespan, starvation resistance, and impacts of dietary sucrose on longevity) and glycogen levels between the two strains, and (iii) used these insights to identify and test for Achilles' heel resistance traits by using inhibitors of IIS pathway proteins. The level of DDT resistance in this strain is high (~1500-fold) and is due to multiple energy-requiring mechanisms, including reduced penetration, increased metabolism, and enhanced efflux (Strycharz et al., 2013), involving the up-regulation of at least nine genes (Gellatly et al., 2015; Kim et al., 2018). Thus, the maintenance of such a high level of resistance through so many energy-requiring mechanisms undoubtedly places a large energy demand on 91-R flies. Given the importance of the IIS pathway in energy regulation, the alterations identified in genes found in this pathway may promote our understanding of how insects cope with long-term insecticide exposure and compensate for the fitness cost of maintaining a highly resistant phenotype.

2. Materials and methods

2.1. *Drosophila melanogaster* strains

In this study, we used the highly DDT-resistant *Drosophila* strain 91-R and its corresponding non-DDT-selected control strain, 91-C, which were established previously (Merrell, 1960, 1965; Merrell and Underhill, 1956; Seong et al., 2017, 2018). These two fly strains were reared in separate colonies on a commercially available medium (Jazz-Mix *Drosophila* Food; Fisher Scientific, Cat. No. AS153) under conditions of 26 ± 1 °C, 50% relative humidity, and a 14-h light /10-h dark cycle. The 91-R strain has been continually exposed to DDT (98%; Sigma-Aldrich) by maintaining the flies in a colony bottle in the presence of a filter paper disk with 150 mg DDT (Seong et al., 2018), whereas 91-C has been maintained without any exposure to DDT. Flies were transferred to a bottle with fresh diet every 3 weeks.

2.2. Differential expression of IIS pathway genes

All RNA-seq read data sets were previously generated from 91-C and 91-R in triplicate (Seong et al., 2017) and, for this study, were retrieved from the National Center for Biotechnology Information (NCBI) Short

Read Archive (SRA) database (accession numbers: SRX2611754, SRX2611759).

CLC Genomics Workbench version 9.5 (Qiagen) was used to analyze the transcriptomic data. After removing Illumina adapters and filtering out low-quality reads, the trimmed data were obtained from the raw reads. Gene sequences of the IIS pathway were downloaded from the FlyBase database (<http://flybase.org>; dos Santos et al., 2015) and then imported to CLC Genomics Workbench software as a reference gene set. The six sets of trimmed sequence reads were mapped to the reference genome and realigned.

Expression levels of the IIS pathway genes were compared between 91-C and 91-R using the number of reads per kilobase per million (RPKM) of mapped RNA-seq reads. The FDR method was used to determine the threshold *p*-values in order to establish the differential expression of genes in the IIS pathway. An FDR of < 0.05 and a log₂ fold change of $\geq |1|$ were used as thresholds to determine significant differences in gene expression.

2.3. Reverse transcriptase-quantitative PCR (RT-qPCR) validation

RT-qPCR validation was carried out on IIS pathway genes for validation of RNA-seq estimated differences between the 91-C and 91-R strains. Both the RT-qPCR and first-strand cDNA synthesis methods were similar to those previously described by Seong et al. (2017). The RT-qPCR primers are shown in SI Appendix, Table S6, and ribosomal protein 49 (*rp49*) was used as the reference gene. The reaction for RT-qPCR included 10 µL of SYBR Select Master Mix (Applied Biosystems Inc., USA), 0.3 µM of each primer, approximately 100 ng of cDNA, and sterilized water to a total volume of 20 µL. The thermocycler program was as follows: 95 °C for 3 min, followed by 40 cycles of 95 °C for 10 s, 60 °C for 10 s, and 72 °C for 20 s. All amplification reactions were performed with the StepOnePlus Real-Time PCR system (Applied Biosystems Inc.) with three biological replicates. The mean of the threshold cycle (Ct) values from the three replicates of each strain were determined and the relative expression levels calculated using the formula ($2^{-\Delta\Delta C_T}$) (Livak and Schmittgen, 2001).

2.4. Comparison of predicted amino acid sequence of IIS pathway transcripts between the 91-C and 91-R strains

After separately mapping RNA-seq reads from 91-C and 91-R flies to the *Drosophila* IIS pathway reference genes, consensus sequences were obtained by using the "Map Reads to Reference" tool of the CLC Genomic Workbench 9.5 (Qiagen) software package. Related mapping parameters were set as follows: minimum length fraction = 0.9, minimum similarity fraction = 0.8, insertion/deletion cost = 3, and mismatch cost = 3. The consensus sequences of all IIS pathway genes were translated by using CLC Genomics Workbench. Alignments of the putative amino acid sequences were performed with Geneious 11.0.2 software (<http://www.geneious.com>) (Kearse et al., 2012). The consensus base frequency of mapped reads compared to the reference sequence was generated as previously described by Seong et al. (2018). All mutations found from RNA-seq data were verified by PCR amplification.

2.5. Lifespan determination under fed or starvation conditions

For the lifespan assay under fed conditions, virgin females and males from the 91-C and 91-R strains were collected and reared separately on a commercially available diet (Jazz-Mix *Drosophila* Food, FisherSci.com, Cat. No. AS153). To make sure the adults were of similar age, the newly emerged flies were collected from rearing bottles that had been emptied 5 h previously. Adults of the same sex were kept at a density of 30 per vial. Flies were transferred to fresh diet every 4 d. Mortality was monitored every 2 d. Six replicates were performed for each treatment.

Survival of 91-C and 91-R flies was measured in vials with 8 ml of 1% agar (starvation conditions), which allowed flies access to water but not nutrient as previously described by Broughton et al. (2005). Each vial contained 20 flies of the same sex, and females and males from both 91-C and 91-R were tested. Mortality was recorded every 4 h. For the starvation test, flies 3–4, 5–6, and 9–10 d old were used in each experiment. Three replicates were performed for each treatment.

2.6. Longevity assay at different levels of excess sucrose in the diet

Twenty virgin female and male flies from the 91-C and 91-R strains were collected and reared separately on blue diet (formula 4–24*; carolina.com) made with three different sucrose solutions in water: 5.13% sucrose for low sucrose (LS), 17.1% for medium sucrose (MS), and 34.2% for high sucrose (HS). Assuming no sucrose already present in the blue diet mix, which has a proprietary formula, these percentages represent the final sucrose percentage in the diet. To prevent bacterial and mold growth, propionic acid (0.5%) and nipagin solution (1% Nipagin M [Tegosept M], *p*-hydroxybenzoic acid) were added to all sucrose solutions used for making blue diets. There were four biological replicates for each treatment, starting on different dates. Flies were provided with fresh diet every 2 weeks to prevent bacterial and mold growth and desiccation of diet. Mortality was recorded every 2 d.

2.7. Glycogen assay

The glycogen contents of 91-C and 91-R female and male flies were measured at 0, 24, and 48 h after starvation according to the method described in Tennessen et al. (2014). Data (μg glycogen/mg fresh weight) were expressed relative to the fresh body weight of each fly. Three replicates were performed for each treatment.

2.8. Inhibitor treatment and DDT bioassay

Female or male flies 1 to 2 d old from each strain were placed into a plastic vial (28 mm \times 95 mm height) and fed with inhibitors mixed in 5% sucrose solution. The inhibitors used were hydrazine sulfate (Hys; PEPCK inhibitor, Sigma-Aldrich, 10 mM) and lithium chloride (LiCl; GSK3 β inhibitor, Sigma-Aldrich, 20 mM) (Hussain et al., 2017; Mudher et al., 2004). A cotton ball (FisherSci.com, Cat No. 22–456–883, USA) was soaked in an inhibitor solution in a 1.5-ml centrifuge tube and subsequently placed into a 100-ml plastic vial (Choi et al., 2017). After feeding on inhibitor solution for 2 d, 20 females or males from either the 91-C or 91-R strain were used in DDT bioassays.

To examine the effect of inhibitors under different rearing regimes, flies were reared either under optimal or suboptimal rearing conditions. Under optimal rearing conditions, 100 mating pairs of flies were maintained in bottles containing 50 ml of standard medium and allowed to lay eggs for 4 d. All adults were then removed to ensure the optimal density of larva. For suboptimal rearing conditions, adults were not removed until the adult emergence of the next generation. Under suboptimal conditions, flies were maintained in the same bottle on the same medium (diet) for at least three generations, so the 2nd-, 3rd-, and 4th-generation flies were fed on left-over diet as well as on excretions from previous generations. Thus, optimal rearing conditions provided sufficient food for flies, whereas under suboptimal rearing conditions, flies faced diminishing food quantity and quality.

Mortality bioassays using DDT were conducted following the method of Strycharz et al. (2013). Briefly, various concentrations of DDT dissolved in acetone were transferred into 20-ml transparent glass vials. Each vial was then rolled on its side in a fume hood till the acetone evaporated. To test flies raised under optimal dietary rearing conditions, the DDT working concentration was serially diluted by up to 256-fold from the stock concentration (64 mg/ml) for 91-R, and diluted by 40–400 fold from the stock concentration (800 $\mu\text{g}/\text{ml}$) for 91-C. To test flies raised under suboptimal dietary rearing conditions, the DDT

working concentration was serially diluted by 2–1600 fold from the stock concentration (8 mg/ml) for 91-R and by 20–8000 fold from the stock concentration (400 $\mu\text{g}/\text{ml}$) for 91-C. After all the acetone evaporated, 20 flies of different strain/sex combinations were placed into the vials. Vials were capped with cotton plugs moistened with a 5% sucrose solution in distilled water. The number of dead flies in each vial was recorded after 24 h.

2.9. Statistical analyses

For RT-qPCR, statistical analysis was performed using Student's *t*-test to compare the results between 91-C and 91-R. For glycogen assays and body weight, one-way ANOVA was used, and means comparisons were made by using Student's *t*-test ($p < 0.05$) calculated using SPSS software (Version 19.0; SPSS Inc., USA). The median lifespans under fed, starvation, or excess sucrose conditions were all calculated using the probit function in SPSS (Version 19.0). For mortality bioassays, probit analysis was conducted by using SPSS software (Version 19.0).

3. Results

3.1. Differential gene expression between 91-C and 91-R

Fifteen transcripts from the IIS pathway were predicted via RNA-seq to be differentially regulated: eight and seven transcripts were respectively up- and down-regulated in 91-R compared to 91-C (false discovery rate (FDR) < 0.05 and \log_2 fold change $\geq |1.0|$; SI Appendix, Table S1, Fig. S1). The RT-qPCR validation of the predicted significant quantitative differences in expression levels among seven of the eight up-regulated transcripts and four of the seven down-regulated transcripts showed a similar trend between the results of RNA sequencing and those obtained by RT-qPCR ($R^2 = 0.6793$, $p < 0.01$), confirming the predicted differential expression between strains based on Pearson's correlation coefficient test (Fig. 1). The largest up-regulations in 91-R relative to 91-C were seen for *Lpin-PL*, *ACC-PA*, and *GlyS-PA*, and the largest down-regulations were observed for *PEPCK-PA*, *GSK3 β -PO*, and *CCHa2-PA* (Fig. 1).

3.2. Nonsynonymous variation in IIS pathway genes differentially regulated between 91-C and 91-R

Nucleotide variations in IIS pathway genes were detected between 91-C and 91-R (Table 1; SI Appendix, Table S2). A total of 114 nonsynonymous nucleotide changes (i.e., predicted to encode amino acid changes) were found within the open reading frames (ORFs) of transcripts from 34 of the 80 IIS pathway genes examined, and no amino acid sequence differences were found in the predicted products of the remaining 46 genes. Out of the 114 nonsynonymous changes, 51.8% were fixed for different alleles in 91-C and 91-R, whereas the remaining 48.2% were segregating (unfixed) within one of the two strains.

Among the 15 differentially expressed transcripts identified by RNA-seq in 91-R vs 91-C, three up-regulated transcripts (*Lpin-PL*, *Hex-C-PA*, and *ERK (rI)-PH*) and three down-regulated transcripts (*PEPCK-PA*, *GSK3 β -PO*, and *Lpin-PE*) together showed a total of 12 nonsynonymous mutations in 91-R (Table 1). Among the down-regulated transcripts in 91-R, six nonsynonymous mutations were found in *PEPCK-PA* at bp 200, 415, 1009, 1010, 1612, and 1870, which respectively led to amino acid changes V67G, M139L, R337K (resulting from the mutations at both 1009 and 1010 bp), E538K, and A624P (Table 1; SI Appendix, Fig. S2). Additionally, one fixed insertion starting at bp 1755 led to a single amino acid insertion at position 586 in *PEPCK-PA* in 91-R (SI Appendix, Table S3, Fig. S2). Only one mutation in the transcript for *GSK3 β -PO* (bp 922, which led to amino acid change T308A) and two in the transcript for *Lpin-PE* (bp 788 and 3134, which respectively led to amino acid changes T260P and S1045F) were predicted, and all three were classified as fixed (Table 1). For the three up regulated transcripts

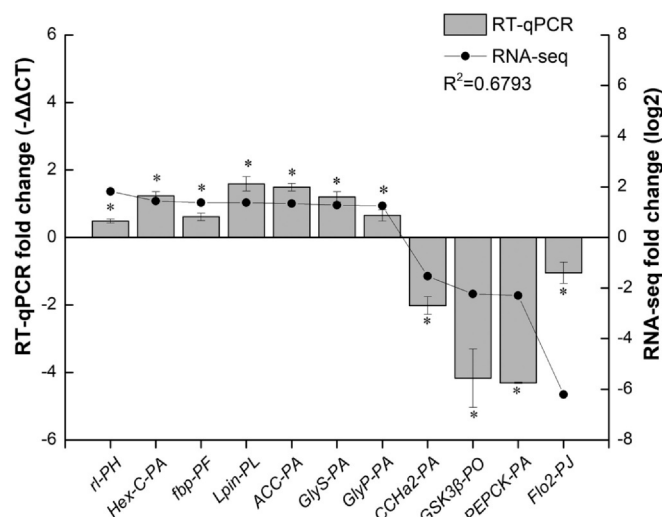


Fig. 1. Reverse transcription quantitative PCR (RT-qPCR) validation of transcripts in insulin signaling pathways that are shown by RNA-seq to be differentially expressed between DDT-resistant 91-R and DDT-susceptible 91-C. The y-axis on the left indicates the relative gene expression level of 91-R versus 91-C based on RT-qPCR results; that on the right corresponds to relative gene expression based on RNA-seq. *rl-PH*, rolled; *Hex-C-PA*, Hexokinase; *fbp-PF*, Fructose-1,6-bisphosphatase I; *Lpin-PL*, Lipin; *ACC-PA*, Acetyl-CoA carboxylase/biotin carboxylase 1; *GlyS-PA*, Glycogen synthase; *GlyP-PA*, Glycogen phosphorylase; *CCHa2-PA*, CCHamide-2; *GSK3β-PO*, Glycogen synthase kinase 3 beta; *PEPCK-PA*, Phosphoenolpyruvate carboxykinase; *Flo2-PJ*, Flotillin. Error bars indicate SEM for RT-qPCR results. Asterisks indicate the difference of expression between 91-C and 91-R is significant at $p < 0.05$.

(*Lpin-PL*, *Hex-C-PA*, and *ERK (rl)-PH*), each was predicted to have one mutation differing between the two strains. The mutations were predicted at bp 778 for *Lpin-PL* (T260P; fixed), bp 1049 for *Hex-C-PA* (K350R; fixed), and bp 443 for *ERK (rl)-PH* (which introduced a premature stop codon; unfixed) (Table 1). Moreover, six putative insertion/deletion polymorphisms between 91-R and 91-C were detected in four transcripts and validated by Sanger sequencing of the DDT-resistant 91-R strain; among the four, only *PEPCK-PA* was differentially expressed. Among the six polymorphisms, five (including the one in *PEPCK-PA*) were fixed and only one was unfixed (SI Appendix, Table S3).

Table 1

Nonsynonymous nucleotide changes and associated amino acid changes for differentially expressed insulin signaling pathway genes in the DDT-resistant 91-R strain versus the DDT-susceptible 91-C strain.

Gene	Isoform	Expression (91-R vs 91-C)	Gene location	CDS length	SNP position	Allelic variant (frequency)			Amino acid change	Fixation
						91-C	91-R	Can-S		
<i>PEPCK</i>	<i>PEPCK-PA</i>	Down	2R:18,527,430–18,535,749	1917	200	T(1.0)	A(1.0)	T	V67G	Fixed
					415	A(1.0)	T(1.0)	A	M139L	Fixed
					1009	C(0.80)/A(0.20)	A	A	R337K	Unfixed
					1010	G(0.80)/A(0.20)	A	A		Unfixed
					1612	G(1.0)	A(0.84)/G(0.16)	G	E538K	Unfixed
<i>GSK3β</i>	<i>GSK3β-PO</i>	Down	X:2,633,952–2,679,553	1326	1870	G(1.0)	C(1.0)	G	A624P	Fixed
					922	A(1.0)	G(1.0)	A	T308A	Fixed
					778	A(1.0)	C(1.0)	A	T260P	Fixed
<i>Lpin</i>	<i>Lpin-PE</i>	Down	2R:8,136,986–8,156,654	3138	3134	C(1.0)	T(1.0)	C	S1045F	Fixed
					778	A(1.0)	C(1.0)	A	T260P	Fixed
<i>Hex-C</i>	<i>Hex-C-PA</i>	Up	2R:15,218,837–15,220,329	1365	1049	A(1.0)	G(1.0)	A	K350R	Fixed
					433	G(1.0)	G(0.73)/T(0.27)	G	G210	Unfixed
<i>ERK (rl)</i>	<i>ERK (rl)-PH</i>	Up	2R:1,071,462–1,125,927	800						

CDS, coding sequence; SNP, single-nucleotide polymorphism; Can-S, Canton-S strain.

* Stop codon.

Among the 39 transcripts (encoded by 31 IIS pathway genes) that were not differentially expressed, 102 nonsynonymous nucleotide changes were found (SI Appendix, Table S2). Out of these nonsynonymous changes, 50% were fixed for different alleles in 91-C and 91-R, whereas 50% were unfixed within one of the two strains. Five fixed single-nucleotide polymorphism (SNP) mutations were found at bp locations 320, 423, 430, 532, and 1810 in *GSK3β-PM*, which respectively led to amino acid changes P107R, D141E, S144T, T178A, and T603A (SI Appendix, Fig. S3, Table S2).

3.3. Fitness cost: Lifespan of 91-C and 91-R under normal and starvation conditions

To determine the fitness costs resulting from resistance to DDT, the lifespan and effect of starvation of females and males of 91-C and 91-R were investigated. Under optimal rearing conditions, the DDT-resistant 91-R strain showed a significantly longer lifespan than 91-C for both females and males ($p < 0.05$ Fig. 2).

Three different adult age groups (3–4, 5–6, and 9–10 d old) were examined to investigate survival rates of 91-C and 91-R flies after starvation (Fig. 3). Under starvation conditions, 91-C females survived longer than 91-R females ($p < 0.05$), 91-C males survived longer than 91-R males ($p < 0.05$), and female flies survived longer than male flies ($p < 0.05$; Fig. 3).

3.4. Glycogen contents after starvation

The glycogen contents before starvation (0 h) of 91-C and 91-R females were 17.41 ± 1.03 and 14.33 ± 4.0 μg glycogen/mg fresh weight, respectively (Fig. 4). Nonstarved 91-R females showed a 17.7% reduction in glycogen content compared to nonstarved 91-C females. After starvation for 24 h, the average glycogen content for 91-C females decreased to 12.99 ± 0.92 μg /mg fresh weight (a 25.4% reduction compared to nonstarved), which was significantly higher than that of 91-R females (9.66 ± 0.25 μg /mg fresh weight, a 32.6% reduction compared to nonstarved). However, no difference in glycogen content between females of 91-C and 91-R was observed after 48 h of starvation. For males, there was no significant difference in glycogen content between 91-C and 91-R at any of the three time points tested.

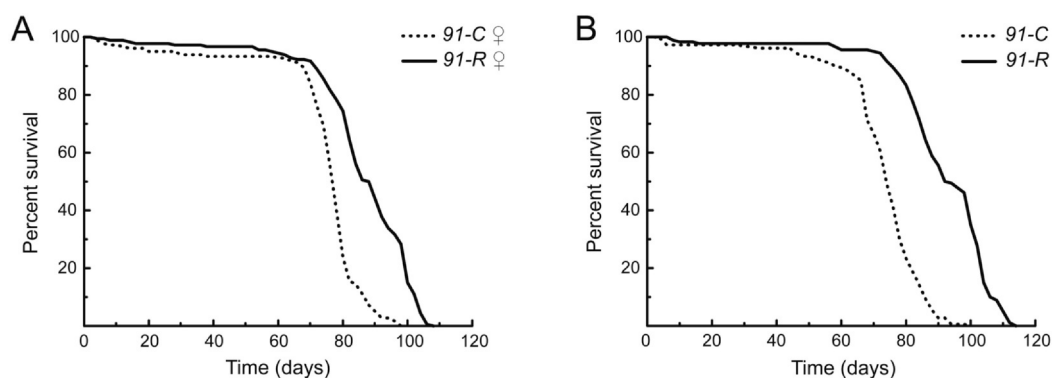


Fig. 2. Lifespan of 91-C and 91-R fly lines under optimal rearing conditions. (A) Lifespan of females of 91-C and 91-R. Median lifespan for 91-C ♀ and 91-R ♀ is 72.2 d (95% CI, 67.4–77.3 d) and 85.3 d (95% CI, 80.5–90.8 d), respectively. (B) Lifespan of males of 91-C and 91-R. Median lifespan for 91-C ♂ and 91-R ♂ is 70.6 d (95% CI, 64.5–77.1 d) and 91.8 d (95% CI, 85.8–99.4 d), respectively.

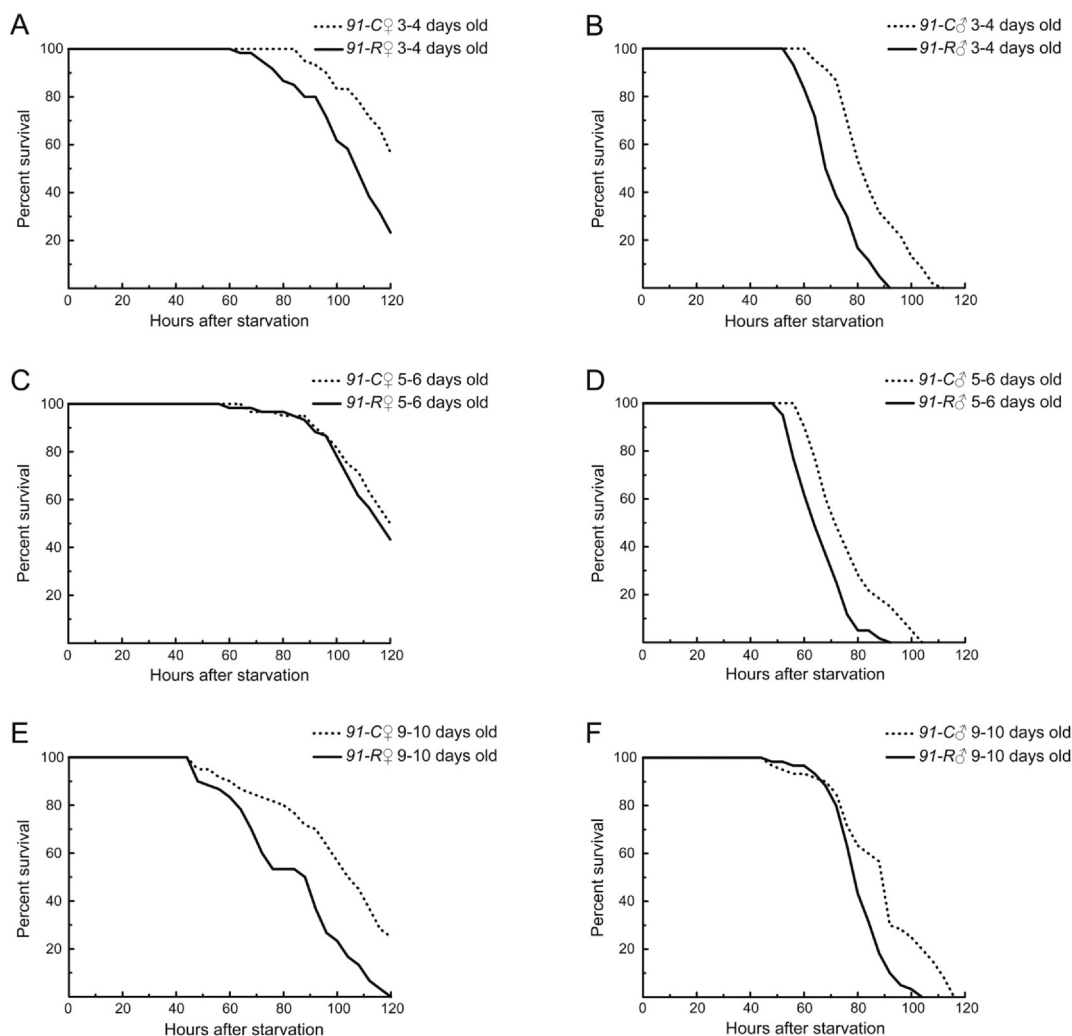


Fig. 3. Survival of 91-C and 91-R females and males after starvation. (A) Survival of 3- to 4-d-old females of 91-C and 91-R. The median lifespan was 122.3 h (95% CI: 119.5–125.8 h) and 106.4 h (95% CI: 104.7–108.2 h), respectively. (C) Survival of 5- to 6-d-old females of 91-C and 91-R. The median lifespan was 120.3 h (95% CI: 117.5–123.8 h) and 116.3 h (95% CI: 114.0–119.1 h), respectively. (E) Survival of 9- to 10-d-old females of 91-C and 91-R. The median lifespan was 102.8 h (95% CI: 100.7–105.2 h) and 82.0 h (95% CI: 80.3–83.7 h), respectively. (B) Survival of 3- to 4-d-old males of 91-C and 91-R. The median lifespan was 83.9 h (95% CI: 82.8–84.9 h) and 70.1 h (95% CI: 69.2–71.0 h), respectively. (D) Survival of 5- to 6-d-old males of 91-C and 91-R. The median lifespan was 74.8 h (95% CI: 73.4–76.2 h) and 64.7 h (95% CI: 64.0–65.8 h), respectively. (F) Survival of 9- to 10-d-old males of 91-C and 91-R. The median lifespan was 86.9 h (95% CI: 85.7–88.2 h) and 78.9 h (95% CI: 78.0–79.9 h), respectively.

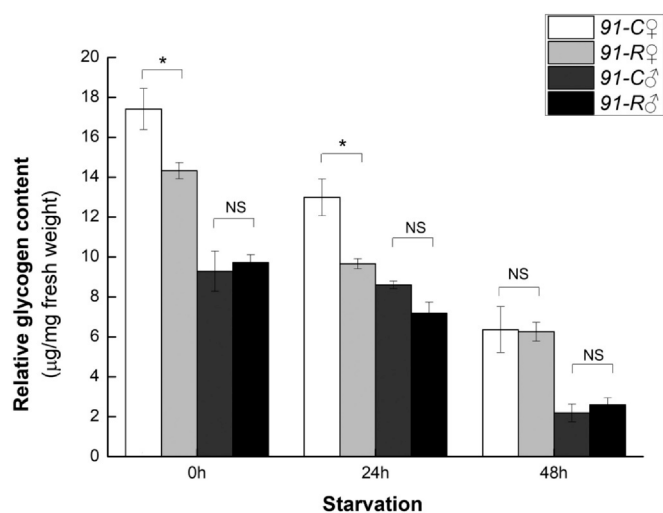


Fig. 4. Glycogen content of 91-C and 91-R flies per mg of fly (fresh weight) after starvation. Data are shown as means \pm SEM. *, difference significant at $p < 0.05$; NS, no significant difference.

3.5. Impact of rearing conditions on adult weights and LC_{50} values

Flies under two different rearing conditions showed significantly different body weights for both genotypes and sexes ($p < 0.0001$ for all groups) (SI Appendix, Table S4). Compared with flies under optimal rearing conditions, flies under suboptimal rearing conditions showed weight decreases. Rearing conditions also impacted the LC_{50} of each strain-by-sex combination, both in the presence and in the absence of dietary inhibitors (Tables 2 and 3; SI Appendix, Figs. S4 and S5). Flies under optimal rearing conditions were consistently more resistant to DDT than those under suboptimal rearing conditions, and in some cases these differences were dramatic. For example, the LC_{50} of 91-C females under optimal rearing conditions was 51.6 μ g DDT/vial and decreased to 6.8 μ g DDT/vial under suboptimal rearing conditions (a reduction of 7.6-fold). These differences were even more dramatic for the 91-R strain. For females, an LC_{50} of 136,883 μ g DDT/vial was observed under optimal rearing conditions and 523.3 μ g DDT/vial under suboptimal rearing conditions (a reduction of 262-fold). For males, an LC_{50} of 66,073 μ g DDT/vial was observed under optimal rearing conditions and 143.7 μ g DDT/vial under suboptimal rearing conditions (a reduction of

460-fold).

3.6. Effect of excess sucrose in diet on longevity

The 91-C strain responded differently from the 91-R strain when reared on commercial diet prepared with excess sucrose (SI Appendix, Fig. S6, Table S5). The median lifespan (LT_{50}) for 91-C females was 49, 34, and 28 d when reared on commercial diet supplemented with low, medium, and high excess sucrose, respectively, while 91-C males had a LT_{50} of 26, 32, and 23 d, respectively. Female 91-R flies fed with supplementary low, medium, and high excess sucrose had a median lifespan of 14, 19, and 16 d, respectively, indicating that 91-R females have a shorter lifespan than 91-C flies of either gender at comparable sucrose levels ($p < 0.05$). 91-R females also had shorter lifespans than 91-R males, which had an LT_{50} of 20, 24, and 24 d when reared on diet supplemented with low, medium, and high excess sucrose, respectively. On diet supplemented with low and medium excess sucrose, 91-R males had a significantly shorter lifespan than 91-C males ($p < 0.05$).

3.7. Test for Achilles' heel resistance traits

The aim of this study was to alter the level of resistance to DDT in flies fed inhibitors of selected proteins/enzymes in biochemical pathways involved in energy metabolism. Oral ingestion of either a PEPCK or GSK3 β inhibitor (hydrazine sulfate [Hys] or lithium chloride [LiCl], respectively) decreased the LC_{50} values of females and males for both the 91-C and 91-R strains when exposed to a range of DDT concentrations. Under optimal rearing conditions (Table 2), oral exposure to Hys reduced the level of DDT resistance in 91-R females by 161.2-fold and in 91-R males by 218.1-fold. Oral exposure to LiCl reduced the level of DDT resistance in 91-R females and males by 1.6- and 20.5-fold, respectively. For the susceptible 91-C strain, feeding with Hys reduced DDT resistance by 5.3- and 4.0-fold for females and males, respectively. Oral exposure to LiCl reduced DDT resistance by 4.2- and 2.8-fold for 91-C females and males, respectively. Hys + LiCl feeding reduced DDT resistance levels by 253.9- and 186.0-fold for 91-R females and males, respectively. The combined treatment decreased the level of DDT resistance of 91-C females and males by 9.7- and 4.7-fold, respectively. Combined exposure to Hys and LiCl significantly increased sensitivity to DDT in 91-C females compared with Hys alone. Significant combinatory effects over Hys alone were not observed in 91-C males and in 91-R females or males, although the combination substantially reduced the

Table 2

LC_{50} values of 91-C and 91-R in the presence of DDT without (control) and with inhibitor feeding of hydrazine sulfate (Hys), lithium chloride (LiCl), or both under optimal dietary rearing conditions.

Strain by sex	Inhibitors	LC_{50} (μ g/vial)	Slope	(95% C.I.)		Synergism ratio	χ^2
				Lower	Upper		
91-C ♀	Control	51.6	2.0	39.3	80.1	1.0	35.7 (< 0.0001)
	Hys	9.8	3.7	7.9	11.9	5.3	7.0 (< 0.0001)
	LiCl	12.2	7.6	11.2	13.1	4.2	88.4 (< 0.0001)
	Hys + LiCl	5.3	8.1	3.5	7.4	9.7	10.1 (0.0015)
91-C ♂	Control	19.8	3.1	17.4	22.4	1.0	82.9 (< 0.0001)
	Hys	5.0	3.1	4.0	6.1	4.0	73.1 (< 0.0001)
	LiCl	7.2	4.9	6.5	8.0	2.8	109.5 (< 0.0001)
	Hys + LiCl	4.2	6.7	3.8	4.6	4.7	80.7 (< 0.0001)
91-R ♀	Control	136,883.0	2.3	86,582.0	561,499.0	1.0	13.1 (0.0003)
	Hys	849.0	1.1	531.1	1235.0	161.2	39.1 (< 0.0001)
	LiCl	83,375.0	0.4	13,558.0	1.27E + 16	1.6	5.0 (< 0.0252)
	Hys + LiCl	539.2	1.3	373.7	713.9	253.9	63.9 (< 0.0001)
91-R ♂	Control	66,073.0	1.9	49,796.0	118,998.0	1.0	19.1 (< 0.0001)
	Hys	302.9	1.7	206.5	397.4	218.1	63.2 (< 0.0001)
	LiCl	3224.0	1.0	2305.0	5077.0	20.5	31.1 (< 0.0001)
	Hys + LiCl	355.3	2.2	273.9	433.7	186.0	67.1 (< 0.0001)

Synergism ratio = LC_{50} (DDT control) of the indicated strain and sex / LC_{50} (DDT + inhibitor) of the indicated strain and sex.

See SI Appendix, Table S4 for the representative weights of adult *Drosophila* used in these bioassays.

Table 3

LC₅₀ values of 91-C and 91-R in the presence of DDT without (control) and with inhibitor feeding of hydrazine sulfate (Hys), lithium chloride (LiCl), or both under suboptimal dietary rearing conditions.

Strain by sex	Inhibitors	LC ₅₀ (μg/vial)	Slope	(95% C.I.)		Synergism ratio	χ ² (p value)
				Lower	Upper		
91-C ♀	Control	6.8	1.38	5.0	10.0	1.0	97.1 (< 0.0001)
	Hys	0.7	2.19	0.5	0.8	9.7	96.6 (< 0.0001)
	LiCl	3.0	1.44	2.0	5.1	2.3	46.5 (< 0.0001)
	Hys + LiCl	0.7	2.09	0.6	0.9	9.7	84.1 (< 0.0001)
91-C ♂	Control	2.1	2.03	1.5	3.4	1.0	38.7 (< 0.0001)
	Hys	0.2	3.21	0.1	0.3	10.5	20.0 (< 0.0001)
	LiCl	0.9	1.95	0.8	1.6	2.3	132.5 (< 0.0001)
	Hys + LiCl	0.2	3.37	0.1	0.2	10.5	16.9 (< 0.0001)
91-R ♀	Control	523.3	0.81	256.0	941.8	1.0	9.0 (< 0.0001)
	Hys	98.9	0.96	72.3	135.5	5.3	74.7 (< 0.0001)
	LiCl	157.6	1.85	97.6	215.5	3.3	41.3 (< 0.0001)
	Hys + LiCl	158.1	0.86	98.9	280.7	3.3	35.7 (< 0.0001)
91-R ♂	Control	143.7	1.29	84.7	210.0	1.0	27.8 (< 0.0001)
	Hys	12.9	1.27	9.2	17.0	11.1	96.9 (< 0.0001)
	LiCl	126.7	1.20	88.6	167.5	1.1	78.4 (< 0.0001)
	Hys + LiCl	9.6	0.88	5.3	14.4	15.0	60.1 (< 0.0001)

Synergism ratio = LC₅₀ (DDT control) of the indicated strain / LC₅₀ (DDT + inhibitor) of the indicated strain. The ratios were calculated using unrounded values. See SI Appendix, Table S4 for the representative weights of adult *Drosophila* used in these bioassays.

level of DDT resistance in 91-R females.

A similar trend was observed under suboptimal rearing conditions (Table 3). Feeding with Hys reduced DDT resistance by 9.7- to 10.5-fold in 91-C flies, and by 5.3- to 11.1-fold in 91-R flies. By comparison, LiCl significantly decreased DDT resistance (by 3.3-fold) only in 91-R females as the effects in 91-C females, 91-C males, and 91-R males were not significant. The combination of the two inhibitors did not significantly increase the effect over the effect of Hys alone, although the largest change in resistance level was observed in 91-R males (15.0-fold reduction).

4. Discussion

In *Drosophila*, a high-sugar diet resulted in a number of adverse symptoms including obesity, hyperglycemia, triglyceride accumulation and insulin resistance (as determined by small size and developmental delay in larvae and reduced lifespan in adults; Musselman et al., 2011). This diet also caused up-regulation of genes for enzymes involved in lipogenesis, gluconeogenesis, and β-oxidation (Musselman et al., 2011). These findings are consistent with those in *Caenorhabditis elegans*, mouse, and human and suggest a common, evolutionarily conserved mechanism leading to insulin resistance. Further, it is well established that chronic DDT exposure results in insulin resistance in vivo (Lee et al., 2011; Kim et al., 2014) and in vitro (Kim et al., 2017; Xiao et al., 2017). Given these findings, it is plausible that, during the long-term selection of the highly DDT-resistant 91-R strain from the unselected 91-C strain, the selected 91-R flies may have initially become insulin-resistant but then evolved compensatory mechanisms allowing them to cope with fitness disadvantages caused by maintaining energetically demanding multiple resistance mechanisms resulting in their highly DDT-resistant phenotype. Consistent with this hypothesis, the pattern of differentially transcribed genes in the IIS pathway of 91-R flies (Fig. 1) was for most part opposite of that found in insulin-resistant mammalian models or flies fed a high-sugar diet. In those studies, hexokinase, Ipin, and GlyS were significantly down-regulated and PEPCK, GSK3β, and CChA2 were significantly up-regulated (Musselman et al., 2011; Yao-Borengasser et al., 2006; Jope and Johnson, 2004; Saltiel and Kahn, 2001).

The impact of the changes in the IIS pathway gene expression levels and nonsynonymous mutation patterns seen in 91-R is most clearly evident in their response to nutritional status. 91-R flies only outlived 91-C flies under optimal feeding conditions: their longevity was

generally less than that of 91-C flies under starvation, and excess sucrose conditions. It is interesting that the lifespan of 91-R flies reared on excess sucrose was reduced compared with that of similarly treated 91-C flies, a finding that mimics that found in insulin-resistant *Drosophila* fed a high-sugar diet (Musselman et al., 2011). It is also worth noting that in both high-sugar-fed and DDT-treated *Drosophila*, the genes for two key regulatory enzymes in the pentose phosphate pathway, glucose-6-phosphate-dehydrogenase and 6-phosphogluconate-dehydrogenase, were significantly up-regulated (Bijlsma and Kerver, 1983; Musselman et al., 2011). Because both treatments resulted in insulin resistance, a role for the pentose phosphate pathway is implied, with increased NADPH levels driving increased fatty acid synthesis and reduced glutathione (GSH) production as possible compensatory mechanisms (Bijlsma and Kerver, 1983; Musselman et al., 2011).

Consistent with the central roles of the IIS pathway in xenobiotic and stress responses, lifespan, and energy metabolism (Ikeya et al., 2002; Tatar et al., 2003; Kenyon, 2005; Giannakou and Partridge, 2007), our study demonstrates a role of this pathway in the maintenance of the DDT resistance phenotype in 91-R flies. Inhibitors for the two most differentially expressed genes, PEPCK and GSK3β (Fig. 1), reduced the levels of DDT resistance in both 91-R and 91-C. However, the level of impact of the inhibitors was dependent on the nutritional status of the flies, with the greatest reductions occurring in optimally fed (heavier) flies of the 91-R strain (Tables 2 and 3; SI Appendix, Table S4). Thus, the IIS pathway appears to be both an important component associated with the maintenance of DDT resistance in 91-R and an exploitable vulnerability (i.e., an Achilles' heel) in the phenotype.

Both expression differences and nonsynonymous mutational differences were found in genes associated with longevity and energy metabolism. A number of genes in the IIS pathway with observed expression level differences between 91-R and 91-C, such as those encoding *Drosophila* insulin-like peptides (Dilps), and glycogen phosphorylase (GlyP), are known to be associated with lifespan (Suh et al., 2008; Bai et al., 2012). Of the two genes that were most highly down-regulated in 91-R, namely those encoding GSK3β and PEPCK, both are associated with energy metabolism. GSK3β, an isoform of GSK3, regulates glycogen synthesis and multiple cellular processes including proliferation, differentiation, motility, and survival (Luo, 2009). PEPCK catalyzes the first committed and rate-limiting step in gluconeogenesis and plays an essential role in glucose metabolism, converting proteins and fat to glucose (Burgess et al., 2007). Additionally, PEPCK had the greatest number of amino acid differences identified between 91-R and

91-C, both fixed and unfixed, among the screened proteins within the IIS pathway.

There has been no prior report indicating a direct relationship between DDT resistance and GSK3 β , although this multifunctional serine/threonine kinase has been shown to be affected by pesticides, causing pathogenesis and neurodegeneration (Songin et al., 2011; Kaytor and Orr, 2002; Martinez et al., 2002). It is well established in diabetic mammals and humans with type 2 diabetes that GSK3 activity is increased, which inhibits glycogen synthesis by phosphorylating glycogen synthase and glucose uptake by phosphorylating insulin-receptor-coupled protein IRS-1, resulting in hyperglycemia (Jope and Johnson, 2004; Saltiel and Kahn, 2001). In addition, inhibitors of GSK3 have been used to treat insulin resistance and type 2 diabetes by reversing its effect on glycogen synthesis and glucose uptake (Dokken and Henriksen, 2006). Thus, the down-regulation of GSK3 β in 91-R may attenuate the insulin resistance caused by DDT, accelerating glycogen synthesis by up-regulating GlyS and increasing glucose uptake by allowing IRS-1 to be unphosphorylated. It should be noted that genes for both glycogen synthase and GlyP (which releases glucose-1-phosphate from glycogen) were significantly up-regulated in 91-R. Consistent with previous reports (Lee et al., 2017; Dokken and Henriksen, 2006) and our observations of relevant expression, our glycogen assay indicated that 91-R females stored less energy in the form of glycogen than did 91-C females and consumed a larger percent of their stored glycogen during the early stages of starvation (Fig. 4), indicating the importance of this process in the survival of 91-R females.

Given the above, the use of LiCl to inhibit GSK3 β should have made the 91-R flies more resistant to DDT, not less as seen in our current study. However, since the transcription of GSK3 β -PO is already significantly down-regulated in 91-R, its additional inhibition by LiCl likely has reduced the functions of this enzyme to levels where it is no longer capable of carrying out its vital physiological roles. Additionally, other cellular pathways besides glucose and glycogen transport under the regulation of GSK3 β , such as protein synthesis, gene transcription, and cell differentiation, were affected and caused the increased susceptibility of the 91-R flies to DDT in the presence of LiCl (Dokken and Henriksen, 2006; Jope and Johnson, 2004). It has been shown also that inhibition of GSK3 increases TNF α -induced cytotoxicity (Jope and Johnson, 2004), an effect that is consistent with the increased DDT sensitivity seen in LiCl-treated 91-R flies. Taken together, these findings demonstrate that either too little or too much GSK3 activity can result in increased cell death and mortality.

Oxidative stress is also known to impact the IIS pathway, including altering energy utilization, inducing insulin resistance/diabetes, and increasing PEPCK gene expression (Ito et al., 2006; Evans et al., 2005; Valenti et al., 2008). DDT is also a known oxidative stressor (Hassoun et al., 1993; Barros et al., 1994) and inducer of insulin resistance (Arroyo-Salgado et al., 2017), and it has been shown to increase PEPCK activity, augmenting the production of hyperglycemia (Kacaw et al., 1972). The reduced expression of PEPCK seen in our study suggests that gluconeogenesis in 91-R is lower than in 91-C. PEPCK is, however, overexpressed in all models of diabetes and is usually used as an indicator of gluconeogenic flux changes (Veneziale et al., 1983; Chakravarty et al., 2005) and hyperglycemia. The down-regulation, which reduces the production of glucose and hyperglycemia, and amino acid changes in PEPCK seen in 91-R may be associated with selection for mechanisms that alleviate oxidative stress caused by prolonged DDT exposure and the stress of insulin resistance (such as the activation of key regulatory enzymes in the pentose phosphate pathway resulting in increased levels of NADPH, leading to increased levels of reduced glutathione) or possibly as a compensatory response to the hyperglycemic state associated with an insulin-resistance-like state) or both. These previous studies, coupled with our inhibitor experiments, suggest a role of PEPCK in the maintenance of the DDT resistance phenotype in 91-R. Nonetheless, as with GSK3 β -PO, the transcription of PEPCK-PA is significantly reduced in 91-R and its further inhibition by hydrazine

sulfate likely reduced the function of this enzyme to levels where it is no longer capable of carrying out its vital physiological role.

Although the down-regulation of both GSK3 β -PO and PEPCK-PA is consistent with a possible compensatory mechanism against hyperglycemia resulting from insulin resistance caused by long-term DDT exposure in 91-R flies, it may also present a problem of glucose availability for glycolysis and for providing Krebs cycle substrates used in energy production. DDT treatment of *Drosophila* has also been shown to increase enzymes involved in the pentose phosphate pathway, resulting in fatty acid synthesis, and in β -oxidation of fatty acids (an energy-producing process). The coordinated up-regulation of Hex-C-PA, *lpin-PL*, and ACC-PA in the 91-R strain is consistent with the possibility that fatty acid oxidation is an alternative energy-providing mechanism in this DDT-resistant strain.

The nutritional status of the flies also influenced the toxicity of DDT and impacted the effectiveness of hydrazine sulfate and LiCl on reducing resistance levels in the tested fly strains. Flies under suboptimal rearing conditions were lighter, more sensitive to DDT, and often less sensitive to the PEPCK and GSK3 β inhibitors than were flies under more optimized rearing conditions. Our results are consistent with those of Way (1954) and Buhler and Shanks (1970), who showed that DDT in insects and vertebrates, respectively, is more toxic to lighter/smaller individuals; thus, DDT toxicity and the impact of the PEPCK and GSK3 β inhibitors on such resistance/tolerance appears to be directly linked to energy metabolism and fly weight.

In the present study, we have (i) provided evidence for a role of the IIS pathway in maintaining a highly resistant phenotype against DDT and (ii) identified an Achilles' heel resistance trait in a DDT-resistant *Drosophila* population. This work, however, represents only a prove of concept of the Achilles' heel resistance trait, as DDT is not broadly in use, the IIS pathway is evolutionarily conserved across insects and mammals and may not provide the selectivity needed for safe implementation, and *Drosophila* is a model system that likely does not mimic many other insects. A considerable amount of work remains to be done to determine whether practical compounds for inhibiting resistance can be identified and how broadly applicable such an approach may be across insecticide classes, insect species, and resistant strains. Regardless of such potential applications, the 91-R strain represents a unique model (due to its high resistance to DDT, well established resistance mechanisms, and many "omics" tools) for understanding the interplay between xenobiotic stress, energy metabolism, and longevity within the context of the insulin signaling pathway.

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